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# Voltammetric characterisation of the self-assembled monolayers (SAMs) of benzyl- and dodecyl-mercapto tetra substituted metallophthalocyanines complexes

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#### Abstract

Voltammetric characterisations of cobalt, iron, manganese, nickel and zinc phthalocyanine complexes tetra substituted with benzyland dodecyl-mercapto ring substituents and immobilisation on gold electrodes via the self-assembling technique are presented. The selfassembled films are stable and showed blocking characteristics towards the following Faradaic processes; gold surface oxidation, under potential deposition of copper and solution redox chemistry of  $[Fe(H_2O)_6^{3+}]/[Fe(H_2O)_6^{2+}]$ . The solution chemistry of  $[Fe(CN)_6]^{-3}/$  $[Fe(CN)_6]^{-4}$  redox process was used to study the orientation of the CoPcs-SAMs and this revealed a possible deviation from flat orientation of the complexes on the gold electrodes when the SAM formation times were greater than 24 h. For SAM formation time at 24 and 48 h, CoTDMPc-SAM showed more inhibition of the  $[Fe(CN)_6]^{-3}/[Fe(CN)_6]^{-4}$  redox process than the CoTBMPc-SAM counterpart, indicating more blocking characteristics of the dodecylmercapto ring substituents compared to the benzylmercapto counterpart. To avoid SAM desorption, the potential application should be limited to -0.2 to +0.8 V vs. Ag|AgCl (NaCl, sat'd) in acidic and neutral pH. © 2006 Elsevier B.V. All rights reserved.

Keywords: Thiol phthalocyanine; Cobalt; Iron; Manganese; Nickel; Cyclic voltammetry; Self-assembled monolayers

#### 1. Introduction

Metallophthalocyanines (MPcs) are well known to have vast numbers of applications because of their unique chemical and physical properties. Their applications in their early discovery was mainly as dyes but over the years, there have been many applications in areas such as, photovoltaic devices [1,2], molecular electronics [3], catalysis [4–7] and sensing [8].

In electrochemistry, chemically modified electrodes (CMEs) can be fabricated by using various techniques which include electropolymerisation [9–11], dip-dry

method [12], drop dry method [13], vapour deposition [14–16], spin coating [17], Langmuir–Blodgett [18] and of recent self-assembled monolayer (SAM) technique. SAM technique is simple, reproducible and the molecules are chemically bound to the electrodes. Notable advantages of SAMs over other techniques for electrode modification are the high order and stability of the molecules on electrodes [19–21]. The work on the use of thiol derivatised metallophthalocyanines to form SAMs on gold electrodes is still rather limited [15,18,22–24] mainly due to the fact that the synthesis of thiol-derivatised metallophthalocyanines is tedious and requires toxic chemical reagents.

Long chain alkanethiols are known to form densely packed crystalline or liquid crystalline materials on gold

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Fig. 1. General representation of the molecular structures of the metallophthalocyanine complexes. Tetrabenzyl mercapto phthalocyanine (MTBMPc) and tetradodecyl mercapto phthalocyanine (MTDMPc) complexes with  $M = Mn^{+3}$  (1),  $Co^{+2}$  (2),  $Fe^{+2}$  (3),  $Ni^{+2}$  (4) and  $Zn^{+2}$  (5).

with attractive Van der Waal forces between the alkyl chains which enhances the stability and order of the SAMs [25] but these SAMs are known to have short life span because with time the sulphur group gets oxidised due to exposure to the atmospheric oxygen. Thiol derivatised metallophthalocyanine SAMs have been shown to have their sulphur group protected by the phthalocyanine ring thereby increasing their stability [26]. Investigation of the influence of a long alkyl chain on the formation and stability of thiol derivatised metallophthalocyanine SAMs should therefore be of great interest. First row transition metal phthalocyanines complexes are well known to have excellent electrocatalytic behaviour and therefore the fabrication of first row transition metal MPcs-SAM for use as electrochemical catalysts and sensors should be of importance.

In this work, voltammetric methods are used to investigate the formation and integrity of SAMs of benzyl- and dodecyl-mercapto tetra substituted cobalt, iron, manganese, nickel and zinc phthalocyanines complexes (Fig. 1) on gold electrodes. The effects of the phthalocyanines ring substituents on the gold electrode coverage and the SAMs stability are investigated.

#### 2. Experimental

#### 2.1. Materials and reagents

The complexes, 1-5 (Fig. 1) were synthesised according to procedures recently reported [27]. All the reagents used for the synthesis of the complexes were of analytical grade and were used without further purification.

Dichloromethane (DCM, SAARCHEM) was distilled before use. When necessary, solutions used were deaerated by bubbling nitrogen prior to the experiments and the electrochemical cell was kept under nitrogen atmosphere throughout the experiments. Phosphate buffers were employed where needed.

#### 2.2. Apparatus and procedure

SAM studies were carried out with the use of Advanced Electrochemical System (Princeton Applied Research) Parstat 2273 equipment with a three-electrode set-up consisting of either bare gold (r = 0.8 mm from Bioanalytical systems, BAS) or MPc-SAM modified gold electrodes, Ag|AgCl (NaCl, sat'd) reference electrode and platinum wire counter electrode.

## 2.3. Procedure for electrode fabrication

The gold electrodes were polished with slurries of 1.0 µm and 0.05 µm alumina on a SiC-emery paper (type 2400 grit) and then subjected to ultrasonic vibration in ethanol to remove residual alumina particles at the surface. The gold electrodes were then treated with 'Piranha' solution {1:3 (v/ v) 30% H<sub>2</sub>O<sub>2</sub> and concentrated H<sub>2</sub>SO<sub>4</sub> for about 1 min, this step is necessary in order to remove organic contaminants and was followed by thorough rinsing with distilled water. The electrodes were then rinsed with ethanol and finally with dichloromethane (DCM). Following this pretreatment, the electrodes were then placed in nitrogen-saturated 1 mM solutions of the MPcs in DCM. After allowing the SAMs to form for a desired time, the modified electrodes were then thoroughly rinsed with DCM and dried gently in a weak flowing nitrogen gas. The modified electrodes were stored in nitrogen-saturated phosphate buffer pH 4.0 at room temperature.

#### 3. Results and discussion

### 3.1. Optimisation of SAM formation time

Prior to the SAM experiment, the real surface areas of the gold electrodes were determined using the conventional method, [20]. Using Randles–Sevcik equation

$$I_{\rm pa} = (2.69 \times 10^5) n^{3/2} D^{1/2} v^{1/2} A C \tag{1}$$

where *n* is the number of electron transferred (n = 1), *D* is the diffusion coefficient of  $[Fe(CN)_6]^{-3}$  (7.6 × 10<sup>-6</sup> cm<sup>2</sup>/s), *v* is the scan rate (0.05 V/s), *A* is the geometric surface area (0.0201 cm<sup>2</sup>), *C* is the bulk concentration of  $[Fe(CN)_6]^{-3}$ (1 mM). The average surface roughness of the three-electrodes used in this work was found to be 1.05 (ratio of  $I_{pa \text{ experimental}}/I_{pa \text{ theoretical}}$ ) corresponding to an average of 0.0211 cm<sup>2</sup> (roughness factor × theoretical surface area) for the three gold electrodes real surface area.

The chemosorption of tetrakis (benzylmercapto) phthalocyanine (MTBMPc, complexes 1–5a, Fig. 1) and tetrakis (dodecylmercapto) phthalocyanine (MTDMPc, complexes 1–5b, Fig. 1) complexes of  $Mn^{+3}$ ,  $Co^{+2}$ ,  $Fe^{+2}$ ,  $Ni^{+2}$  and  $Zn^{+2}$  on gold electrodes was achieved by the immersion of gold electrodes in the various solutions containing the complex in DCM. Well established voltammetric methods [29,30] were used to investigate the integrity of the SAMs formed on gold electrodes.

An investigation of the minimum time needed for the formation of a stable and well packed SAM was conducted with the use of the cyclic voltammetry curves of  $[Fe(CN)_6]^{-3}/[Fe(CN)_6]^{-4}$ . Figs. 2a and b show the typical cyclic voltammograms of 1 mM K<sub>3</sub>Fe(CN)<sub>6</sub> in 0.2 M KCl on CoTBMPc-SAM and CoTDMPc-SAM electrodes for different formation times. The cobalt analogues of these MPcs were used for the study because from several repetitive experiments, they were the only analogues found not to inhibit the  $[Fe(CN)_6]^{-3}/[Fe(CN)_6]^{-4}$  redox reaction (depending on SAM formation time). The lack of inhibition of this redox system has been observed before using adsorbed cobalt tetra-aminophthalocyanine films on vitreous carbon electrodes [31]. It was reported [31] that both modified and unmodified electrodes showed the same redox potential and almost equal peak currents intensities for the  $[Fe(CN)_6]^{-3}/[Fe(CN)_6]^{-4}$  redox reaction, and that the modified electrodes act as electronic conductors which allow rapid electron transfer to the solution species. It was also reported before [32] that among tetraamino phthalocyanine complexes of  $Co^{II}$ ,  $Cu^{II}$  and  $Fe^{II}$ , only the cobalt analog MPc-SAM catalysed the  $[Fe(CN)_6]^{3-}/$  $[Fe(CN)_6]^{4-}$  redox reaction, this indicate the involvement of centre metal,  $Co^{+2}$  in the catalysis of the redox reaction. Thus, the observed lack of blocking of the  $[Fe(CN)_6]^{-3}/$  $[Fe(CN)_6]^{-4}$  redox reaction by CoPc complexes and not by other MPc complexes may be due to the involvement of the  $Co^{+2}$  central ion in the catalysis of the  $[Fe(CN)_6]^{-3}/[Fe(CN)_6]^{-4}$  redox reaction. A well formed CoPc-SAM in which the molecules have flat orientation on the gold electrodes and the  $Co^{2+}$  is well exposed to the electrolyte solution should not inhibit this redox reaction and it is expected to show similar voltammograms to that of bare gold electrode. The fact that  $[Fe(CN)_6]^{-3}/$  $[Fe(CN)_6]^{-4}$  current on gold and CoTBMPc-SAM or CoT-DMPc-SAM electrodes are identical can be explained by the reversibility of this couple. Catalysis is expected to increase electron transfer rate but for a reversible process it is mass transport that determines the overall reaction rate



Fig. 2. Typical comparative cyclic voltammograms showing the responses of gold electrodes at different SAM formation time (i) bare gold, (ii) 1 h, (iii) 6 h, (iv) 18 h, (v) 24 h, (vi) 48 h with (a) CoTBMPc and (b) CoTDMPc. Electrolyte = 1 mM  $K_3$ Fe(CN)<sub>6</sub> in 0.2 M KCl. Scan rate = 50 mV/s.

at all applied potentials, therefore increase in electron transfer rate does not increase the overall rate, resulting in identical curves. A multi-layer or non-flat orientation of the molecules on gold electrodes may cause partial blockage of the central metal ion,  $(Co^{+2})$  from getting exposed to the electrolyte solution. For SAM<sub>1</sub>, SAM<sub>6</sub> and SAM<sub>18</sub> (subscripts represent hours of SAM formation, Fig. 2), it can be said that there is no blockage of  $Co^{+2}$ hence no significant decrease in both anodic and cathodic currents compared to that of the bare gold electrode and also no significant shift in the peak potentials while for SAM<sub>24</sub> and SAM<sub>48</sub> there were decrease in both anodic and cathodic peak currents and also increase in the peak separation ( $\Delta E$ ). The decrease in peak currents was more pronounced for the CoTDMPc-SAM. The reason for these changes in the CVs of the  $[Fe(CN)_6]^{-3}/[Fe(CN)_6]^{-4}$  system at SAM<sub>24</sub> and SAM<sub>48</sub> could be due to the fact that the remaining gold sites were filled up but not necessary in the flat orientation but vertical orientation in which just one or two of the thiol "arms" were bound to the gold sites

# 3.2. Blocking characteristics of the faradaic reactions by MPc-SAMs

getting exposed to the electrolyte solutions.

The integrity of the different SAM formed at different times were monitored using CVs in 10 mM KOH (in air), Figs. 3a and b. Peaks I, II and III (curve i) are respectively gold oxidation, gold oxide reduction and oxygen reduction peaks. For all MPc complexes under consideration in this work and for all the SAM formation times, there was blockage of both gold surface oxidation and oxygen reduction reactions indicating an effective SAM formation (similar results were obtained for nitrogen saturated 10 mM KOH aqueous solution, except peak III was absent). The charge difference between the bare gold ( $Q_{Bare}$ ) and the MPc-SAMs ( $Q_{SAM}$ ) (Fig. 3) is proportional to the fraction of the gold sites covered by the MPc-SAMs and was employed for the estimation of the complexes' surface concentration on gold electrode.



Fig. 3. Typical comparative cyclic voltammograms showing the responses of gold electrode at different SAM formation time (i) bare gold, (ii) 1 h, (iii) 6 h, (iv) 18 h, (v) 24 h, (vi) 48 h with (a) CoTBMPc and (b) CoTDMPc. Electrolyte = 10 mM KOH. Scan rate = 50 mV/s.

This fraction is then divided by three to get the charge proportion of gold sites covered with MPc-SAM, according to the following equation [33].

$$Au \cdot H_2O + 2H_2O \rightleftharpoons Au(OH)_3 + 3H^+ + 3e^-$$
(2)

The amount of gold sites covered by the MPc-SAM is then divided by four (each MPc molecule is assumed to consume four gold sites since the complexes are tetra substituted with thiol groups) and then divided by 0.0201 cm<sup>2</sup> which is the geometric area of the gold electrode surface to get the charge density proportional to each MPc molecule. These values can then be converted to the corresponding surface concentration ( $\Gamma_{MPc}$ , mol/cm<sup>2</sup>) by dividing them with the Faraday constant (96485  $C \text{ mol}^{-1}$ ). The surface concentration in number of molecules per area (in cm<sup>2</sup>) can be obtained by simply multiplying the  $\Gamma_{MPc}$  $(mol/cm^2)$  by the Avogadro's constant  $(N_A)$ . Finally the inverse of the concentration in molecules per Å<sup>2</sup> corresponds to the approximate surface area occupied per molecule. Table 1 shows the various approximate surface concentration values in mol/cm<sup>2</sup> and the corresponding approximate gold surface area occupied per molecule  $(Å^2)$  for various SAMs formed at different times, using CoTBMPc and CoTDMPc as examples. For both CoT-BMPc and CoTDMPc complexes, SAM<sub>1</sub> and SAM<sub>6</sub> have a significantly less surface concentration compared to the  $\sim 10^{-10}$  mol/cm<sup>2</sup> value for monolayers while SAM<sub>18</sub> concentration values for both complexes are within the monolayer concentration range. Both complexes, SAM<sub>24</sub> and SAM<sub>48</sub> showed higher surface concentration values than that of  $SAM_{18}$ , as stated before, this may probably be due to the filling up of the remaining gold sites not necessary in the octopus orientation but vertical orientation in which there will be one or two of the thiol 'arms' involved in the binding to the gold sites.

The surface concentration value of the SAM formed by the MTDMPc is larger than the MTBMPc counterparts, (see Table 1 for CoPc complexes at different formation times and Table 2 for all complexes at 18 h formation time). Also from Figs. 2a and b there was more inhibition of  $[Fe(CN)_6]^{-3}/[Fe(CN)_6]^{-4}$  redox process (as judged by less anodic and cathodic peak currents and higher  $\Delta Es$ ) for the CoTDMPc SAM than their CoTDMPc counter-

Table 1

Comparative surface concentration and approximate gold surface area occupied per molecule  $(Å^2)$  for the CoPcs-SAMs formed at different times

Time (h)	CoTBMPc surface concentration $(10^{10} \text{ mol cm}^{-2})$	CoTDMPc surface concentration $(10^{10} \text{ mol cm}^{-2})$
1	0.40 (415)	0.42 (396)
6	0.64 (260)	0.69 (243)
18	0.82 (203)	0.87 (191)
24	1.12 (148)	1.30 (127)
48	1.31 (126)	1.42 (117)

Numbers in brackets represent the approximate gold surface area occupied per molecule  $(\text{\AA}^2)$ .

Table 2 Comparative surface concentration and approximate gold surface area occupied per molecule ( $Å^2$ ) for the various MPcs-SAMs

MPc complex	Surface concentration $(10^{10} \text{ mol cm}^{-2})$
CoTBMPc	0.82 (203)
CoTDMPc	0.87 (191)
FeTBMPc	0.70 (235)
FeTDMPc	0.74 (224)
MnTBMPc	0.66 (253)
MnTDMPc	0.74 (224)
NiTBMPc	0.83 (201)
NiTDMPc	0.88 (189)
ZnTBMPc	0.75 (221)
ZnTDMPc	0.78 (212)

SAM formation time = 18 h. Numbers in brackets represent the approximate gold surface area occupied per molecule ( $Å^2$ ).

parts for both  $SAM_{24}$  and  $SAM_{48}$ , the influence of the ring substituents could be responsible for these observations. Long chain alkanethiols are known to form closely packed SAM on gold electrodes and in addition, the C<sub>12</sub> alkyl chain could cause more blocking of Co(II) than the benzylmercapto groups of the CoTBMPc.

A good way of measuring how well SAM has isolated the gold electrode from the electrolyte solution is the so called ion barrier factor,  $\Gamma_{ibf}$  which can be obtained by:

$$\Gamma_{\rm ibf} = 1 - Q_{\rm SAM} / Q_{\rm Bare} \tag{3}$$

where  $Q_{\text{Bare}}$  and  $Q_{\text{SAM}}$  are the total charges produced under the peak due to the reduction at the bare and at SAM modified gold electrodes, (Fig. 3). The  $\Gamma_{\text{ibf}}$  values (calculated at 18 h deposition time) were close to unity for all complexes, and this implies that the SAMs are effective in providing barriers to ion and solvent permeability.

The minimum time required for a closely packed SAM to be formed based on the series of characterisation above can be estimated as 18 h from the discussion above. This time was then used for the formation of SAMs of the other eight complexes. Table 2 shows the SAM parameters, approximate surface concentration (mol/cm<sup>2</sup>) and corresponding approximate gold surface area occupied per molecule (Å<sup>2</sup>) for all the SAMs formed by the complexes after 18 h. It is very clear that for all the complexes, well packed SAMs were formed with the values of surface concentrations within the monolayer values in which the molecules are lying in octopus configuration on the gold electrode surface and occupying approximately 200 Å<sup>2</sup> per molecule.

To further check the integrity of MPc-SAMs formed on gold electrode, their blocking behaviour towards Faradaic processes; redox chemistry of  $1 \times 10^{-3}$  M Fe(NH<sub>4</sub>)(SO<sub>4</sub>)<sub>2</sub> in 1 M HClO<sub>4</sub> and under potential deposition (UPD) of Cu in 0.5 M H<sub>2</sub>SO<sub>4</sub> were investigated. Fig. 4 shows the CV of Fe(NH<sub>4</sub>)(SO<sub>4</sub>)<sub>2</sub> in  $1 \times 10^{-3}$  M HClO<sub>4</sub> on bare gold (curve i) and that of the CoTBMPc-SAM (curve ii) and CoTDMPc-SAM (curve iii) modified electrodes, it is clear that the quasi reversible redox reaction [Fe(H<sub>2</sub>O)<sub>6</sub>]<sup>+2</sup> which occurred at the bare gold electrode is



Fig. 4. Typical cyclic voltammograms of 1 mM  $Fe(NH_4)(SO_4)_2$  in 1 mM  $HClO_4$  electrolyte at: (i) bare gold electrode, (ii) CoTBMPc-SAM gold electrode, (iii) CoTDMPc-SAM gold electrode. Scan rate = 50 mV/s.

inhibited at the CoPcs-SAM modified gold electrodes. This is a good indication that the SAM formed are well packed and effectively isolate the gold surface from the electrolyte solution. Fig. 5 shows the typical voltamogramms of a  $1 \times 10^{-3}$  M CuSO<sub>4</sub> in 0.5 M H<sub>2</sub>SO<sub>4</sub> on bare gold electrode, CoTBMPc-SAM and CoTDMPc-SAM modified electrodes. It has been shown [20] that metal deposition involve both bulk deposition of the metal at potentials close to the thermodynamic potential and UPD at potentials well positive of the thermodynamic potential. This method has been previously used by our group [34,35] to characterise MPc-SAM gold electrodes. The UDP of Cu and the stripping peaks occurred at about -0.2 and +0.1 V respectively at the bare gold electrode as shown in Fig. 5. These peaks did not appear in the CVs obtained at CoPcs-SAM gold electrodes clearly showing that the CoPcs-SAMs formed are well packed and almost free from pinholes and defects. Similar results in both experiments were also obtained for the other MPcs-SAM electrodes.



Fig. 5. Typical cyclic voltammograms of UPD of 1 mM CuSO<sub>4</sub> in 0.5 M  $H_2SO_4$  electrolyte at (i) bare gold electrode, (ii) CoTBMPc-SAM gold electrode, (iii) CoTDMPc-SAM gold electrode. Scan rate = 50 mV/s.

# 3.3. Central metal oxidation couples of the MPc-SAM electrodes

It is important to identify the redox couples of the central metal of the immobilised MPcs on gold as this will be needed in their applications as electrocatalysts and sensors. Ill defined cyclic voltammograms are often obtained for these redox processes [24,34] (especially oxidation processes) and often activation is needed in order to see well defined CVs. Fig. 6 shows the CVs obtained at bare gold (curve i), CoTBMPc-SAM gold (curve ii) and CoT-DMPc-SAM gold (curve iii) electrodes after activation of the modified electrodes by repetitive cycling in phosphate buffer pH 4. For both complexes, the anodic peak current increased linearly with the scan rate indicating Faradaic reactions of a surface confined species (Fig. 6, inset). The  $\Delta E$  values for both couples are 170 and 180 mV respectively. Table 3 gives the details of the  $E_{\rm pa}/E_{\rm pc}$  values for the central metal ion redox processes, as expected, both ZnTBMPc and ZnTDMPc complexes did not show central metal ion redox processes since Zn(II) is not electroactive,



Fig. 6. Comparative cyclic voltammograms obtained at (i) bare gold electrode, (ii) CoTBMPc-SAM gold electrode and (iii) CoTDMPc-SAM gold electrode in phosphate buffer pH 4. Inset is the plot of anodic peak currents (a) CoTBMPc and (b) CoTDMPc versus scan rate. Scan rate = 100 mV/s.

Table 3

Comparative  $E_{pa}/E_{pc}$  (V) for the metal based redox couple reactions of the immobilised MPcs on gold electrodes

MPc complex	$E_{1/2}$ (V)
СоТВМРс	$0.32 (Co^{+3}/Co^{+2})$
CoTDMPc	$0.24 (Co^{+3}/Co^{+2})$
FeTBMPc	$0.39 (Fe^{+3}/Fe^{+2})$
FeTDMPc	$0.37 (Fe^{+3}/Fe^{+2})$
MnTBMPc	$0.27 (Mn^{+4}/Mn^{+3})$
MnTDMPc	$0.17(Mn^{+4}/Mn^{+3})$
NiTBMPc	None
NiTDMPc	None
ZnTBMPc	None
ZnTDMPc	None

NiTBMPc and NiTDMPc complexes also behaved the same way, showing no Ni(III)/Ni(II) redox processes; nickel phthalocyanine complexes are known to show redox processes only on the ring [36] unless activated in strong alkaline solutions.

### 3.4. Stability of MPc-SAMs

The stability of the MPcs-SAM was also studied, this was studied as a function of pH and applied potential. The immobilised films showed high stability from pH 2 to 9 in the potential window -0.2 to +0.8 V However, at pH > 9 and at potential outside this window resulted to the SAM desorption. These thiol derivatised metallophthalocyanine complexes SAM modified gold electrodes showed stability with no detectable desorption when they were stored for over a period of one month in both pH 4 and pH 7 phosphate buffers.

#### 4. Conclusion

This works shows that benzyl- and dodecyl-mercapto tetra substituted first transition metal phthalocyanines complexes on gold electrodes formation of stable, well packed and defect free SAMs. Using the  $Fe(CN)_6^{-3}/Fe(CN)_6^{-4}$  redox system as a guide, it was packed shown that a possible change in molecules orientation from flat to vertical with increase in SAM formation time to values greater than 18 h. Ring substituents influenced the blocking characteristics of the CoPcs-SAM towards  $[Fe(CN)_6]^{-3}/[Fe(CN)_6]^{-4}$  redox process, MTDMPc with dodecylmercapto ring substituents showing more blocking characteristic than that of MTBMPc with benzylmercapto ring substituents. The electrochemical application of these MPcs-SAMs is limited to a potential window -0.2 to +0.8 V vs. Ag|AgCl (NaCl, sat'd) preferably in acidic and neutral pH. Potential applications of these SAMs as electrochemical sensors for environmentally important molecules are being studied in our laboratories.

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