## **UV-Visible and Electrochemical Monitoring of Carbon Monoxide** Release by Donor Complexes to Myoglobin Solutions and to **Electrodes Modified with Films Containing Hemin**

Joseph C. Obirai,<sup>a,b</sup> Sarah Hamadi,<sup>a</sup> Aurélie Ithurbide,<sup>a</sup> Corinne Wartelle,<sup>a</sup> Tebello Nyokong,<sup>b</sup> José Zagal,<sup>c</sup> Siden Top,<sup>d</sup> Fethi Bedioui<sup>a</sup>\*

\*e-mail: fethi-bedioui@enscp.fr

Department of Chemistry, Rhodes University, Grahamstown 6140, South Africa

- Facultad de Química y Biología, Universidad de Santiago de Chile, Casilla 40, Correo 33, Santiago, Chile
- Ecole Nationale Supérieure de Chimie de Paris, Laboratoire de Chimie et Biochimie des Complexes Moléculaires,

UMR CNRS 7576, 11 rue Pierre et Marie Curie, 75231 Paris cedex 05, France

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## Abstract

This study reports on the evaluation of the CO donating behavior of tricarbonyl definition ruthenium(II) dimer  $([Ru(CO)_3Cl_2]_2)$  and 1,3-dimethoxyphenyl tricarbonyl chromium  $(C_6H_3(MeO)_2Cr(\textcircled{O})_3)$  complex by UV-visible technique and electrochemical technique. The CO release was monitored by following the modifications of the UVvisible features of MbFe(II) in phosphate buffer solution and the redox features of reduced Hemin, HmFe(II), confined at the surface of a vitreous carbon electrode. In the latter case, the deraction between the hemin-modified electrode and the released CO was seen through the observation of an increase of the reduction current related to the Fe<sup>II</sup>/Fe<sup>II</sup> redox process of the immobilized porphyrin. While the whenium-based complex, ([Ru(CO)<sub>3</sub>Cl<sub>2</sub>]<sub>2</sub>), depended on the presence of Fe(II) species to release CO, it was found that the chromium-based complex released spontaneously CO. This was facilitated by illuminating and/or simple stirring of the solution containing the complex.

Keywords: Carbon monoxide, Ruthenium complex, Chromfun CO-releasing complex, Hemin modified electrode, Cvclic voltammetry, UV-visible spectrophotometry, Myosobin

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## 1. Introduction

:55 TO THE FI It has been known for a long time that carbon monoxide (CO) is generated in the human body [1] but its biological functions have been explored only in recent years. CO is released endogenously, principally from heme oxygenase (HO) which exists in one inducible (HO-1) and two constitutive (HO-2 and HO-3) isoforms [2]. The physiological activities of CO parallel those of nitric oxide (NO). Indeed, it has been reported that HO-derived CO intervenes in physiological processes such as neurotransmission [3-5] and inhibition of platelets aggregation [6]. Also, exogenous CO has been shown to prevent endothelial cell apoptosis [7] and reduce vascular relaxation and moderate both coronary vasoconstriction and acute hypertension [8]. Contrary to NO, very rare studies have been reported on the investigation of organic or organometallic molecules capable of releasing CO. Motterlini et al. [9] reported on one of the rare example of transition metal carbonyls, namely: iron pentacarbonyl ([Fe(CO)<sub>5</sub>]), dimanganese decacarbonyl  $([Mn_2(CO)_{10}])$  and tricarbonyl dichlororuthenium(II) dimer  $([Ru(CO)_3Cl_2]_2))$ , as potential CO-releasing molecules.

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Specifically, the authors showed by developing spectrophotometric and NMR analysis that  $([Ru(CO)_3Cl_2]_2)$  releases CO in a concentration-dependent manner and causes sustained vasodilatation in precontracted rat aortic rings and significantly reduced acute hypertension in vivo.

In this work, we propose a physico-chemical study to further evaluate the CO donating behavior of  $[Ru(CO)_3]$  $Cl_2$  (noted as 1, see structure Fig. 1) by UV-visible and electrochemical techniques, using reduced Met-myoglobin (MbFe(II)) and hemin (HmFe(III)) based chemically modified electrode, respectively. The CO release was monitored by following the modifications of the UV-visible features of MbFe(II) in phosphate buffer solution and redox features of reduced HmFe(II) confined at the surface of a vitreous carbon electrode. In the latter case, the interaction between the hemin-modified electrode and the released CO was seen through the observation of an increase of the reduction current related to the Fe<sup>III</sup>/Fe<sup>II</sup> redox process of the immobilized porphyrin. The second part of this work was devoted to evaluate the CO donating effect of a chromium carbonyl complexes (1,3-dimethoxyphenyl chromium tri-

Ecole Nationale Supérieure de Chimie de Paris, Unité de Pharmacologie Chimique et Génétique, UMR CNRS 8151 / U INSERM 640, 11 Rue Pierre et Marie Curie, 75231, Paris Cedex 05, France